



Post Laser Treatment Instructions

Please read the after care instructions carefully to minimize the possibility of incomplete healing, skin textural changes, or scarring.

- Apply a minimum SPF 30 broad spectrum sunscreen every day.
- Avoid sun exposure and tanning beds until your treatments are completed.
- Avoid hot showers, saunas, hot tubs, swimming, and strenuous sports for 2-3 days following treatment, or until any redness, crusting, or blisters have resolved.
- Do not pick or scratch at any crusting that may develop.
- Do not wax, tweeze, bleach, or use electrolysis on treatment area until all treatments are completed.
- Do not shave treated area for 1 to 3 days post-treatment if crusting or blistering occurs.
- If the treated area appears red, irritated, and swollen, it is recommended to apply ice packs or aloe vera to soothe.
- You can apply makeup, lotion, resume shaving and apply skincare products to the treatment area as early as the next day as long as the skin is not broken and there is no extended redness, blistering, or scabbing.
- When removing makeup and creams, remove gently with a soft, clean cloth and mild cleanser. Pat to dry. The treated area is very delicate, and excess rubbing can open the area and lead to scarring.
- If scabbing, blistering, or signs of infection occur, please contact us.
- Avoid irritants such as skin products containing glycolic acid or Retin-A for a week following treatment.
- If you have any questions regarding your treatment, please call Med Aesthetics Miami at 305-356-7402!